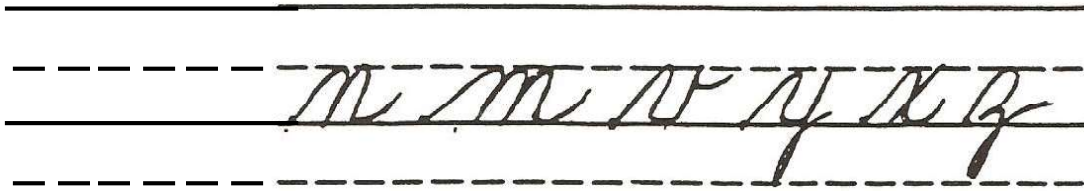
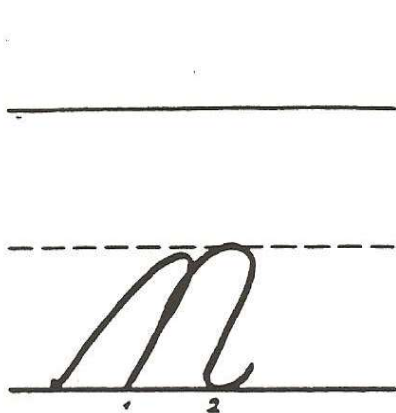


Hills and Valleys



Practice slanting overhand to round a pointed “hill top” and count downstrokes for *n* and *m*.

Practice curving up and keeping the valley floor flat. This pattern will be adapted for the four valley letters.



TIP: Count the downstrokes. The letter *n* has two. Note that the lead-in is at a wider angle than the downstroke.



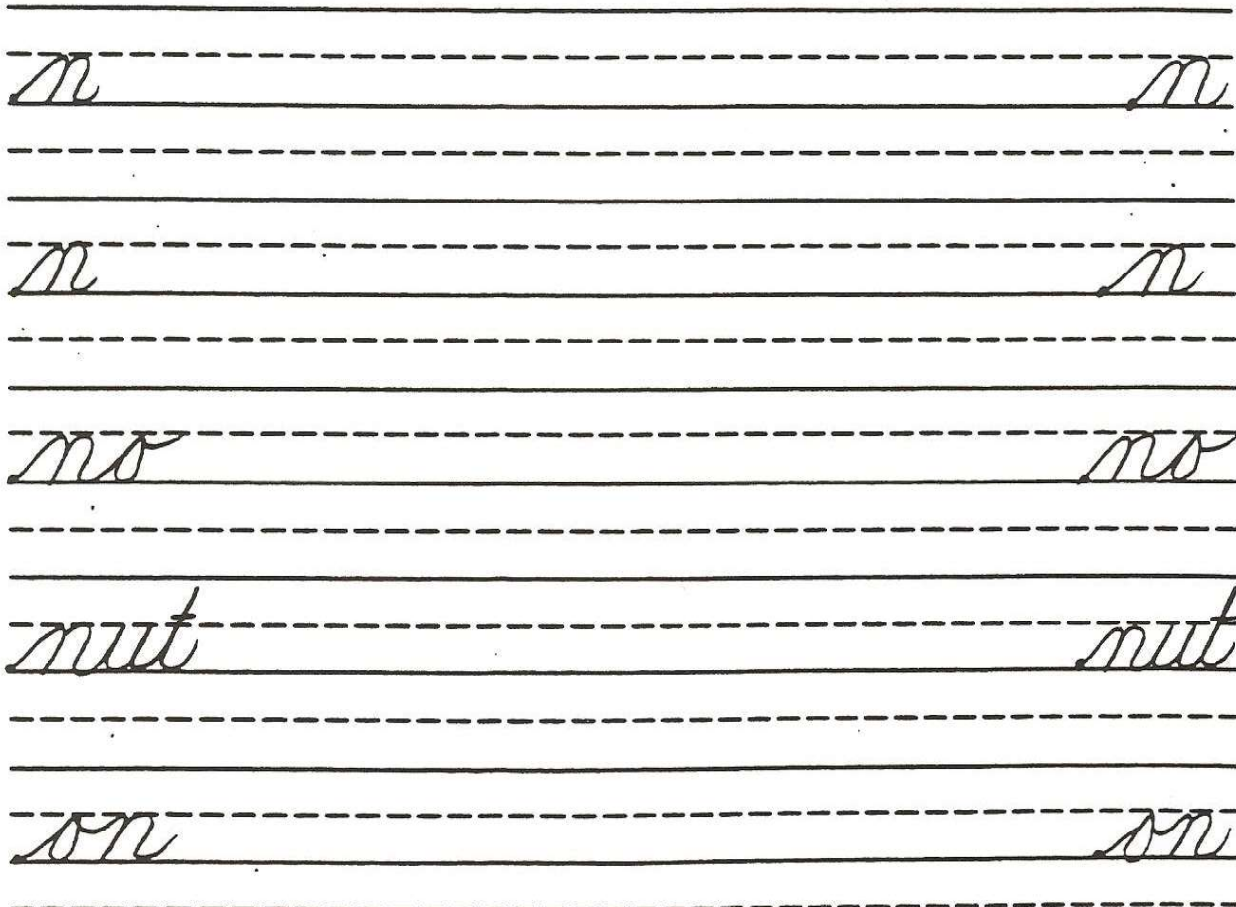
STEPS

Make an overhand curve from the writing line to the middle divider.

Round a pointed "hill top" and slant down to the writing line.

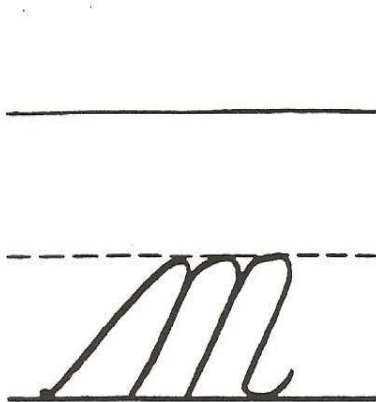
Retrace slanted stroke to the middle divider and round a flatter "hill top." Slant down to the writing line, letting the first slanted line guide you.

Turn and release stroke.



Close your eyes and try the new letter here.

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STEPS

Repeat the directions for *n*.

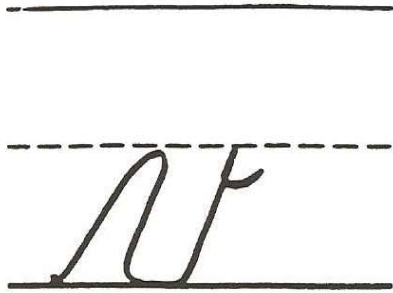
Retrace the second downstroke and round a second flatter "hill top." Make a third slanted stroke to the writing line, and turn for the release stroke.

TIP: Count the downstrokes. The letter *m* has three.



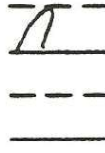
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STEPS

Make an overhand curve from the writing line to the middle divider.



Make a pointed "hill top" and slant a stroke to the writing line.



Follow along the writing line from 7 to 5 o'clock. Slant up to the middle divider.



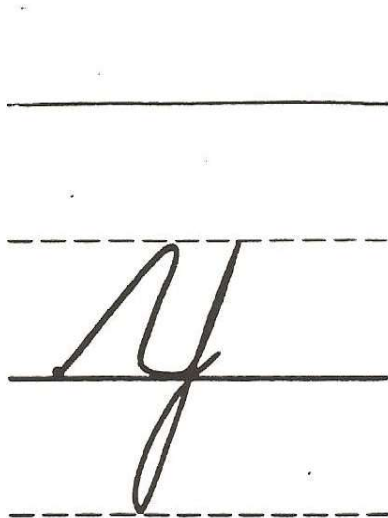
Retrace slightly and curve right for release stroke. This is a bridge connector.

TIP: Keep the "hill" and "valley" lines slanted and parallel with the lead-in stroke.



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STEPS

Repeat the first three directions for *v*.



Retrace the slanted stroke to the middle divider below the writing line.

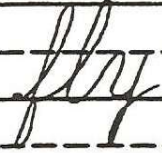
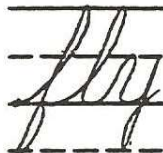
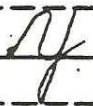


Loop under the main part of the letter and cross the downstroke **exactly** at the writing line.



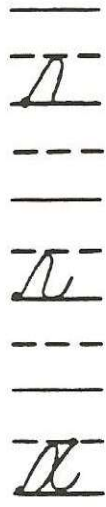
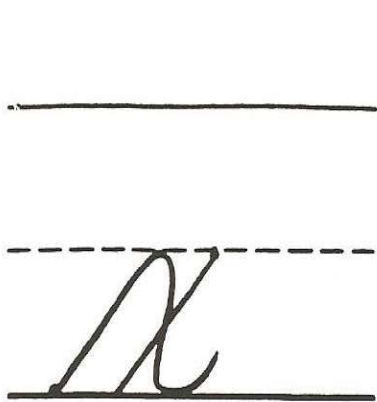
Continue for release stroke.

TIP: Keep the "valley" flat along the writing line.



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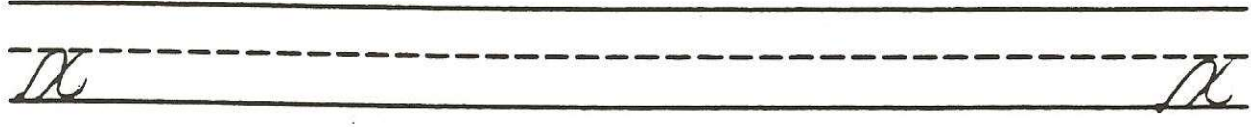
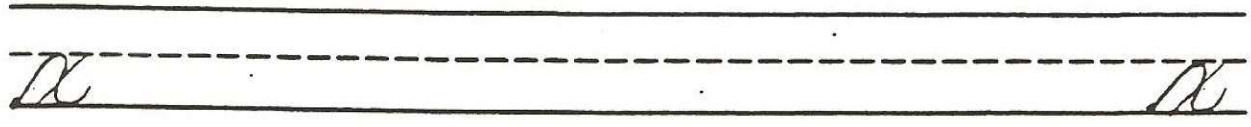
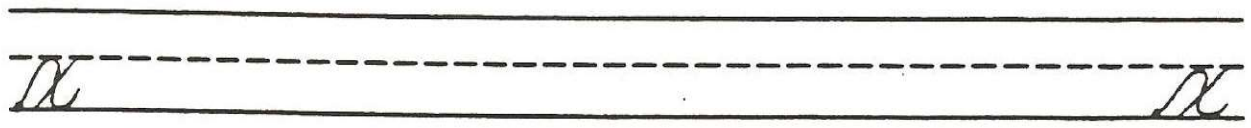


STEPS

Repeat the first two directions for *v*.

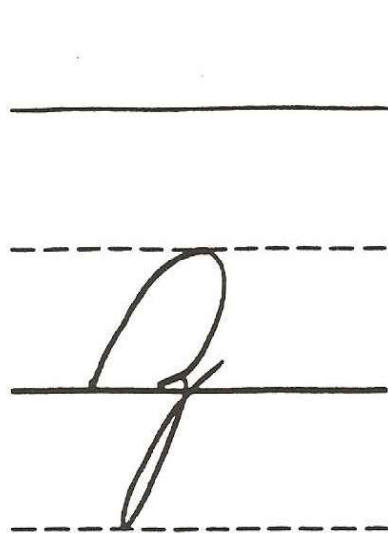
Follow along the writing line from 7 to 5 o'clock. Stop.

Start a second stroke at the middle divider directly above the 5 o'clock stop. Make a left diagonal stroke, crossing the lead-in stroke halfway between the middle divider and the writing line.



Close your eyes and try the new letter here.

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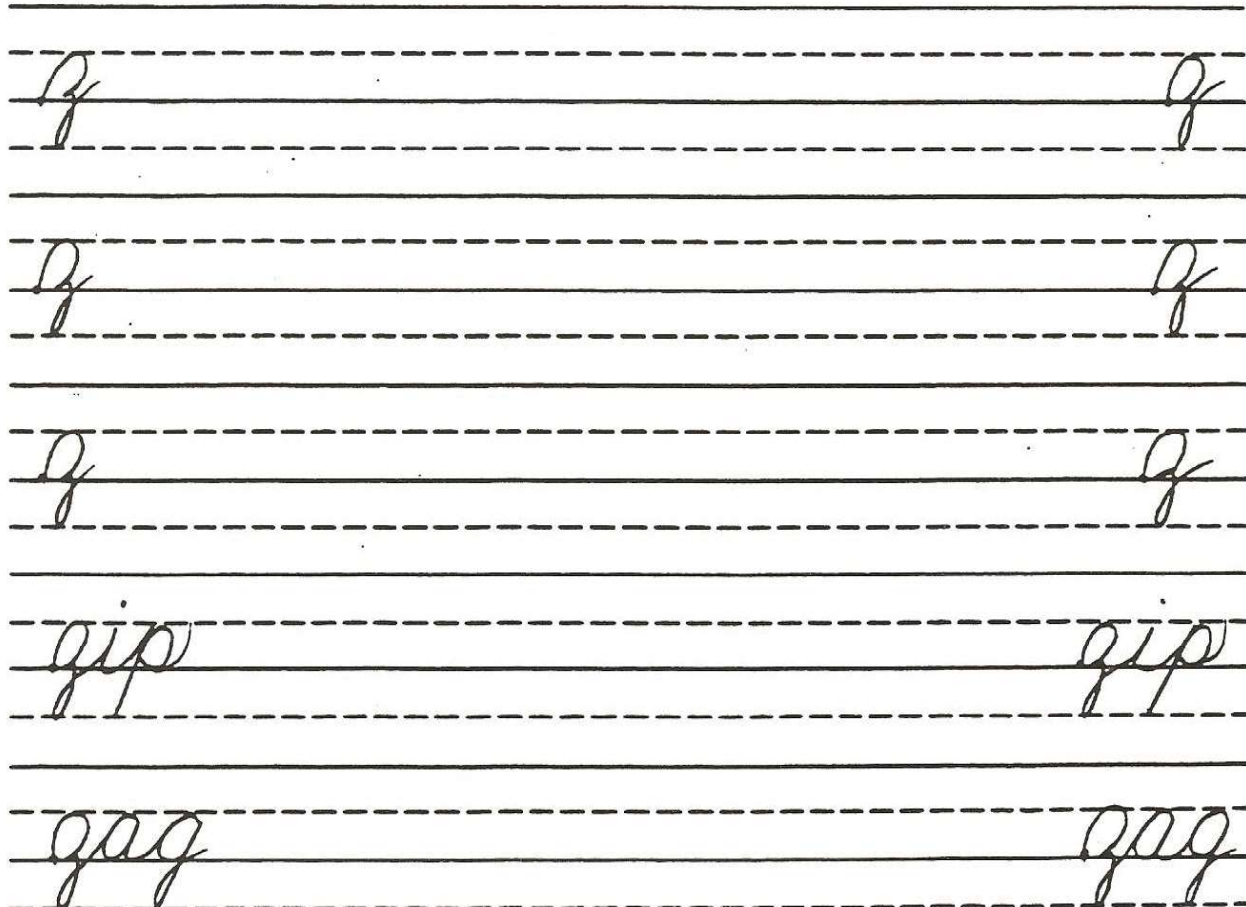
STEPS

Make an overhand curve from the writing line to the middle divider.

Make a rounded "hill top" and curve left toward the writing line. As you approach the writing line, make a diagonal "bend-in" and stop at the writing line.

Retrace the "bend-in" and round a small curve. Continue a slanted stroke to the middle divider below the writing line.

Loop left under the main part of the letter, crossing the downstroke exactly at the writing line. Continue for release stroke.



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